



# ALL SOULS'

— EPISCOPAL CHURCH —

February 28 &  
March 01, 2026

Welcome Home. Peace Awaits.

## This Week's Calendar

Mar 01 - 08

<b>Sun</b>	6:30 PM	AA (Sherman Room)
<b>Mon</b>	6:45 PM	Al-Anon (Sherman Room)
<b>Tue</b>	9:30 AM	Morning Prayer (via Zoom ~ <i>Zoom link on our website, under "Tuesday"</i> )
	12:00 NOON	<b>NO</b> Bible Study this week
	4:00 PM	Centering Prayer (Chapel)
<b>Wed</b>	3:00 PM	Villa Musica Music Lessons (Admin Bld'g & Gooden Hall)
	4:00 PM	Chorister Rehearsal (Nave)
	6:00 PM	<b>Lenten Soup-Supper &amp; Fellowship: <i>Embracing Prayer</i></b> (Admin Bld'g)
	6:30 PM	Scout Troop 555 (Girls 11-17) (Gooden Hall)
	6:45 PM	Al-Anon (Sherman Room)
<b>Thu</b>	10:00 AM	Christmas Crafts Guild (Admin Bld'g)
	7:00 PM	Choir Rehearsal (Nave)
<b>Sat</b>	10:00 AM	Villa Musica Music Lessons (Admin Bld'g & Gooden Hall)
	4:00 PM	Centering Prayer (Chapel)
	5:00 PM	Celtic Eucharist (Nave)
<b>Sun</b>	8:00 AM	Holy Eucharist (said): <i>The Third Sunday in Lent</i> (Nave) <i>Coffee hour follows</i>
	10:15 AM	Holy Eucharist (sung): <i>The Third Sunday in Lent</i> (Nave) <i>Coffee hour follows</i>

☞ *Father Douglas will be away on spiritual retreat Monday – Saturday this week; he'll return on Sunday, March 08.* He has arranged for emergency pastoral care coverage while he's away. If you need care this coming week, please contact the parish office (or after-hours, Fr Douglas at 619-335-8168), and they'll be glad to arrange it for you.

Thank you, Jeff Lee and Eva Chou, for the 8:00 coffee hour; and Jane Andrews and Bob Harrington, for the 10:15 coffee hour!

To help with coffee hour at either service, please sign up on the bulletin board during Coffee Hour or email [office@allsoulspointloma.org](mailto:office@allsoulspointloma.org).

## Our Parish Prayer List

### FOR HEALING AND WELLNESS

Liz and her unborn baby † The Rev Ken Simon † Mark Simon † Mike Thompson † Sadie Cawley † Baby Braxton † Jamie Pronovost † Robin Padden † Bruce Guenin † Charles Lewis † Bishop Susan † Michele Casillas † Susan Northam † Marie W † The Rev Megan Cochran † Mary Phillips † Carmencita Ortega † Judy Thompson † Rachel Villalobos † Rosie Barnes † Waiva Parker † Steve Conner † Mary Ann Lund † Donald Tecca † Janet Sanford † Paul Carroll † Jennifer Stephens † Joan Barnett † Lynn Young † Craig Tyndall † Drusilla Grubb † Nicole and her Family † Lindsey Dorkin † Richard Sooy † Baby Kensley † Lyle Roy † Nick Hinds † Phyllis Meredith † Shelley Yerkes † Susan DeCesari † Gary Lewis † Zak Hugo † Cosimo Sorbara † Myrtle Livingstone † Chuck Mertens † Lucas Brown † John Forcade † Sarah Callahan † Kippy Sands † Tracy Woodside † Claire Lynch † Tim Lyons † Gaye Williams † Jim Sanford † Donna Hamm † Lynn Faria † Patches † Lora Thompson † Michelle Salas † Kevin G † Bob Sciaqua † Rex Westergard † David Brown † JoJo † Tom † Heather Hernandez † Charlene Surber † Rick Wis † Tracy Rodriguez † Andrea † Rosemary Benoit † J J Northam † James Trepasso † Kathy M † Alex M † Marian Rogers † Leigh Hartmen † Aiden Barille † Gary Axford † Julie Michael † Pamela Burt † Scott Barnes † Kathy Boykin † Cheryl Conner † Demi Grubb † Alan Leff † Wayne Watson † Ian Young

### FOR SUPPORT, COMFORT AND SAFETY

Jonathan Hughes and Allison Lipton † Charles Sands and the Sands Family † Leah Cawley and the Cawley Family † The Musselman Family † Joan Hjortzberg † Barbara & Vic Brochard and the Brochard and Carta Families † Scott Crispell & Neil Malmquist † The Baucher Family † Neil Malmquist, Linda Malmquist and the Malmquist Family † For the friend of Pauline † The Glenn Family † The Neilsen Family † Lorelei Mehaffey † Geoff, Jackson and Ross Wade † Kevin Page and the Page Family † Lynne Ortega and the Ortega Family † Larry Felkenhauer † The Callard Family † Jack Duesterdick and Meg Golinski † Corey Hable and the Hable Family † The Villalobos Family † Bill Strand † Maria Romero † Nan Hardison † Erin Sacco Pineda and her Family † Mark Parker & his family † The Most Rev Sarah Mullally, CVI Archbishop of Canterbury † Joseph Porter and his family † Hanae Hara † John and Mike W † Roger & Cliff † Randy Lowenstein † Holly Rios, Andy Ferguson and the Ferguson Family † Alan & Michelle Leff and the Leff Family † Jim Mathes and the Mathes Family † Mary Brown † Bill Hardin and the Hardin Family † Rosie Barnes and the Barnes Family † Hannha & Anesu † Those with visa interviews pending † The Hare Family † Kayla and Nathan † For understanding and love toward those who hold differing political opinions † Michael Kew and the Kew Family † Pope Leo XIV † Heather McGregor and the McGregor Family † Mary Brown and her Family † The Hartsook Family † Susan Straub and her Family † Mark Mann and his Family † The Silva-Flores Family † Tom Sparrow † Terri Prevost † The Turfler Family † The Sanford Family † All federal workers and grantees † Ruben & Molly † Bob DeCesari † Ingrid de Llamas † Tammy Learned † The McAdams Family † The Boeve Family † Gracie † Brooke † Dana Hoefler † Donna Haskins † Diana Woodside † Marianne Barnes † Sue Ogle † The Society of St Margaret in Haiti † The Wear Family † The Stein Family † Arden and Aspen Carlsteen † Rosa Sorbara & Brad Redmon and Valentino † Diane Sooy † Alina † Gordon Steele † The Steele Family † The Goddard Family † The Marsh Family † Connie Simon † Sarah Leon † The Leon Family † Dave Brown † Gloria Marie Amalfitano † Larry Stralow † Healthcare Workers † EMS workers † All suffering from acedia and grief † Refugees and hostages throughout the world † Our brothers and sisters living on the street † Victims of criminal acts and their families † All accused or incarcerated and their families † Victims of natural and manmade disasters † Dreamers † Victims of war

### FOR THOSE IN UNIFORMED SERVICE

U.S. Navy Reserves on its 111<sup>th</sup> birthday † The officers and crews of USS *McCampbell*, USS *Momsen* and USS *Makin Island*, respectively † LT Hailie Burton † EO1 Jesse Meyer † ENS Brendan Cantwell † SSGT Paul Mannes † PFC Paul Simon † PFC Dylan Kilpatrick † LT Carlie Spore † MAJ Tim Berger † SGT Anthony Oakley † ET2 Kenneth Smith † Personnel and recruits at MCRD † All members of our uniformed civilian and military services

### IN THE DIOCESAN CYCLE OF PRAYER

For the clergy and people of St Andrew the Apostle, Encinitas

### IN THE ANGLICAN COMMUNION CYCLE OF PRAYER

The Japanese Holy Catholic Church / Anglican Episcopal Church in Japan

### FOR THE REPOSE OF THE SOUL

Donna Lowenstein † Rob Kennedy † Jennifer Sands † Amber Garcia † Wes Malmquist † Jim Baucher † Margo Bullock Wade † Jean Page † Chris Ream † Alonzo Lynch † Phyllis Borchardt † The Rev Tom Callard † Ginny Anderson † Steve Hable † Ryan So † Maria Romero † John Nickel † James Nickel † Colin Nickel

## Weekly Announcements

---

Complete details about happenings at All Souls' appear in our weekly eNews, published on Wednesdays. To sign up to receive this, please contact the Parish Office.

### **Lenten Midweek Fellowship Soup Supper Series: *Embracing Prayer***

Join us Wednesdays at 6 pm for a potluck soup supper and an exploration of Christian prayer tradition. Please sign up using the link in the weekly eBlast or on the sign up sheets on the bulletin board at Coffee Hour.

#### *Upcoming Themes*

March 4: Praying by Creating

March 11: Praying with Scripture

March 18: Praying with Prayer Beads

March 25: Praying with Stillness

### **All Soul's Community Swap Board**

Remember to check out the **All Souls' Community Swap Board** on the *back* of our Community Bulletin Board during coffee hour. Post a 'looking for' or 'for offer' announcement there, and give an All Souls' family member a chance to connect with you!

### **Three AEDs Installed**

All Souls' now has three AED machines on campus: one in the Narthex, one in the Administration Building, and one in the Community Building. These lifesaving devices are easy to use! Watch this short instructional [video](#) to learn more.

### **Thank you, IFSN Volunteers!**

Thank you to everyone who helped with this year's IFSN. Special thanks to Diane Holnback-Sooy and Mary Brown for coordinating and to everyone who spent the night at St. Peter's and provided food.

### **All Souls' Youth Group**

The next All Souls' Youth Group meeting is Sunday, March 15, after the 10:15 service. All are welcome!

### **Easter Egg Stuffing**

Join All Souls' youth for an Easter Egg stuffing on Saturday, March 21 at noon. Have plastic eggs to donate? Drop them at church by Friday, March 20. Contact Karissa at [ksousa@allsoulspointloma.org](mailto:ksousa@allsoulspointloma.org) for more information.

### **Gifts of Flowers this Easter**

Would you like to donate flowers this Easter? Flowers may be given in honor of or in memory of friends, family, and loved ones. Please use the form in the weekly eBlast or contact the church office for more information.

### **Leadership Academy 2026**

*From Charlette Preslar, EDSD Director of Formation*

On April 25, you are invited to join us at Good Samaritan Episcopal Church in San Diego for Leadership Academy, a day dedicated to learning for both clergy and lay leaders within our diocese. This time spent learning in community facilitates congregational growth and connection within our diocesan community. New and experienced leaders come together to explore new ideas and develop skills that will impact their ministries in the year ahead. One of the most remarkable blessings of our diocese is the depth of wisdom and talent within its leaders. Leadership Academy celebrates and builds upon that shared strength, highlighting voices from different congregations and communities in our diocesan life.

---

## Bishop

---

**The Rt Rev Dr Susan Brown Snook**  
The Episcopal Diocese of San Diego  
www.edsd.org

---

## Our Staff

---

**The Rev Douglas Worthington** *Rector*  
dworthington@allsoulspointloma.org  
619-335-8168 (mobile)

**Karissa Sousa**  
*Children, Youth & Family Minister*  
ksousa@allsoulspointloma.org

**Laura Mitchell, PhD**  
*Parish Operations Director*  
lmitchell@allsoulspointloma.org

**The Rev Paul Carmona** (Organ)  
**Stephen Salts** (Parish Choir)  
**Anne Whattoff** (Choristers)  
*Interim Musicians*

---

## Officers

---

**Diane Holnback-Sooy**  
*Senior Warden*

**Eric Spore**  
*Junior Warden*

**Lisa Nokes**  
*Interim Treasurer*

**Krista Spore**  
*Clerk of Vestry*

---

## Vestry Members

---

**Class of 2027**  
Rhonda Muir  
David Ostrander  
Kevin Page  
Hannah Roberts

**Class of 2028**  
Hilliard Harper  
Diane Holnback-Sooy  
Kevin Leichner  
Eric Spore

**Class of 2029**  
Rosie Barnes  
Jeff Lee  
Lisa Striebing  
Wendy van Diver

---

Leslie Klein, *Finance Chair*   Eric Spore, *Properties Chair*