

THE FOURTH SUNDAY AFTER THE EPIPHANY January 27 & 28

Our Bishop

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ALL SOULS'

Welcome Home. Peace Awaits.

I know it feels like we just got done celebrating Christmas and the Epiphany, but don't look now: Lent is right around the corner! It's just a little early this year: As Easter falls on March 31, that means Ash Wednesday will be February 14. (If you're giving up sweets for Lent, you might consider celebrating Valentine's Day a little early!)

All Souls' will offer a full program of Lenten activities again this year:

- Shrove (or Fat) Tuesday, February 13, 6:00 PM
 Our annual pancake supper ... pancake races ... fellowship and general shenanigans for all ... concluding with the burial of the ALLELUIA and burning of the palms, in the Columbarium
- Ash Wednesday, February 14
 A said service at 12:00 PM and a service with music at 7:00 PM, both with the imposition of ashes
- Lenten Wednesday Evenings, February 21 March 20
 - o Evening Prayer, 5:30 PM
 - O Simple soup supper, 6:00 PM
 - O Movie discussion, 6:30 PM ~ This year, instead of reading a book, we'll pre-watch some excellent films (like *Places in the Heart, Castaway* and *Babette's Feast*, to name a few), at home ... and then, after supper, discuss the thoughts and themes—faith, discipleship, doubt, sacrifice—they may evoke, led by Fr Douglas and Bp Mathes

I invite you to deepen your spiritual journey this Lent by joining us as we prepare ourselves, body and spirit, for the bittersweet of Holy Week and the glory of Easter.

In peace & love, *Douglas+*

Worship & Devotions at All Souls'

Sunday, 8:00 AM (without music) & 10:15 AM (with music)
HOLY EUCHARIST

Tuesday, 9:30 AM
MORNING PRAYER (via Zoom)

Tuesday, 4:00 PM CENTERING PRAYER

Thursday, 9:30 AM
HOLY EUCHARIST:
CELEBRATING THE SAINTS

Saturday, 4:00 PM CENTERING PRAYER

Saturday, 5:00 PM CELTIC HOLY EUCHARIST

Third Sunday, 5:00 PM CHORAL EVENSONG (September – May)



A Very Warm Welcome to You!

Follow us on Instagram instagram.com/ allsoulspointloma

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facebook.com/ allsoulspointloma Thank you for spending Sunday morning with us. **WHOEVER you are and WHEREVER you** may be on your journey of faith, you are welcome here. We're blessed by your presence, and we look forward to connecting with you. Except for the hymns (at 10:15 only), everything you need to participate in today's liturgy is in one-sheet bulletin and seasonal service booklet; the hymns are in the blue hymnal.

Please join us for **coffee** and **fellowship** in the Community Building, across the plaza, after the service.

All ages are welcome; infants and children (and their accompanying noises!) enliven this service. All **children are invited to the Prayground** at the front of the church. Children leave the service for Children's Chapel after the Gospel lesson, and they return for Holy Communion. **Childcare** (infant to kindergarten) **is available** in the Community Building, located across the plaza, every Sunday from 9:00 AM - 1:00 PM.

If you are visiting, please fill out a "connect" card so we can let you know of upcoming events; prayer request cards are also available. Cards may be placed in the offering plate or given to an usher. To learn more about being a member of All Souls', please speak with **Father Douglas**, our rector, or **Brother Michael**, our deacon.

Restrooms are located in the hallway adjacent to Catalina Boulevard; an usher can direct you to one.

Please silence your phone to maintain a worshipful environment and as a courtesy to others.

The church office is open Monday through Friday 9 AM - 3 PM.

Father Douglas is happy to talk with you about joining or participating in the life of All Souls'; questions you may have or difficulties you may be experiencing; others who may need pastoral care; or anything else on your mind. You may reach him at 619-223-6394 x 12 (office), 619-335-8168 (cell) or dworthington@allsoulspointloma.org.

Prayer List

For Healing and Wellness

Ann Nugent † Bp Michael Curry † Bob Sciaqua † Kristen Forney † Carolyn Mobley † Wonzel Mobley † Rec Westergard † David Brown † Todd Griffitts † David Diamond † JoJo † Leo Davis † Tom † George Brown † Darla Mercer † Klara Feenstra † James & Rachel Arriola-Spaite † Rebecca Palter † Heather Hernandez † Patti Thompson † Mikal McClung † Charlene Surber † Margaret Whyte † Tom Howard † Amy Ennenga Maxim † Lindsey Schubert † Julie Eisenhower † Dylan Kilpatrick † Ernie Z. † Br Michael Kilpatrick † Mark † Sue Sparrow † Rick Wis † Fr Michael Carr † Kathy M. † Lynn Herrmann † Anna De May † The Rev Tom Morelli † Chuck Pretto † Tracy Rodriguez † Mark Nokes † Kathleen Hare † Andrea † Duane Smets † Gertrud Mueller Nelson † Glenn Vorraro † Jock Bates † Paul Carroll † Rosemary Benoit † Connie Simon † Alex M † David Pettigrew † J J Northam † Marian Rogers † Tom Alberts † Taryn Holland † James Trepasso † Tim Lyons † Leigh Hartmen † Aiden Barille † Melisa Spangler † Gary Axford † Julie Michael † Stephanie Yocum † Pamela Burt † Suzie Spettle † Mark Turfler

For Those in Uniformed Service

Naval Facilities Engineering Command Southwest, Naval Station San Diego † The crew of USS *Makin Island* † PFC Dylan Kilpatrick † LT Carlie Spore † Major Tim Berger † Sgt. Anthony Oakley † ET2 Kenneth Smith † Personnel and recruits at MCRD † All members of our uniformed civilian and military services

For Support, Comfort and Safety

Rosamund Bruce-Lyle † Michael and Desiree † Participants, staff & clergy, Cursillo #150 † Mary Philipsen † Fiona and Naomi † Cathy & Family † Kathy & Family † Evan Bakke & Family † Gordon Steele † The Steele Family † Jim Bryant † Folsom Family † The Family & Friends of Kaylen Ricks † Allisyn Thomas † Joe Wilson † Mercer Family † Goddard Family † Jeff Cocco & Family † Liz & David Ostrander † Luna, Maddie & Kyle Rodenbeck Family † Janice Brinsfield † Marsh Family † Alan MacKillop † Sarah Leon † Leon Family † Charley Hansell † Dave Brown † Healthcare Workers † First Responders † Refugees and hostages throughout the world † Our brothers and sisters living on the street

For Repose of the Soul

Larry Herr † Charlotte Hartley † Jean Strain † Bob Hammes † Stacy Nielson † Mimmi Borjesson † Dr Pete Weber



This Week at All Souls'

Sun, Jan 28	Parish Annual Meeting & Brunch (Gooden Hall) a movie and popcorn provided for children & youth (Sherman Room)	10:15 AM
	AA (Sherman Room)	6:45 PM
Mon, Jan 29	Al-Anon (Sherman Room)	6:30 PM
Tue, Jan 30	Morning Prayer (via Zoom)	9:30 AM
	Bible Study: The Gospel of Mark (Sherman Room and Zoom)	12:00 PM
	Centering Prayer (Chapel)	4:00 PM
Wed, Jan 31	Chorister Rehearsal (Church)	4:00 PM
	Scouts BSA Troop 555 (Girls 11-17) (Gooden Hall)	6:30 PM
	Al-Anon (Sherman Room)	7:00 PM
Thu, Feb 01	Mid-week Holy Eucharist: Celebrating the Saints (Chapel)	9:30 AM
	Properties Commission (Conference Room)	12:00 PM
	Choir Rehearsal (Church)	7:00 PM
Fri, Feb 02	Holy Eucharist: The Feast of the Presentation (Chapel)	10:15 AM
	Youth Group Lemon Fest Prep and Baking (Kitchen)	6:00 PM
	Vestry Retreat: Dinner (Rectory)	6:30 PM
Sat, Feb 03	Vestry Retreat: Meeting (Church)	9:30 AM
	Centering Prayer (Chapel)	4:00 PM
	Celtic Eucharist (Church)	5:00 PM
Sun, Feb 04	Holy Eucharist: 5 th Sunday After the Epiphany (Church) Coffee Hour follows	8:00 AM
	Sunday Forum	9:20 AM
	Holy Eucharist: 5 th Sunday After the Epiphany (Church) Coffee Hour follows	10:15 AM
	New Members Conversation with Fr Douglas (Admin Bld'g)	11:45 AM
	Youth Group (Sherman Room)	11:45 AM
	First Sunday Fellowship (Gooden Hall)	5:00 PM
	AA (Sherman Room)	6:45 PM



To Note This Week

Our Lay Leaders

OFFICERS

Betsy Northam
Senior Warden
Scott Crispell
Junior Warden, Adult Education

Lisa Nokes Treasurer Krista Spore Clerk

VESTRY MEMBERS

Steve Barnes
Special Projects
Mary Brown
Community Support, Hospitality
Christine Carta
Connections

Bethany Czaja Children & Youth Education

Ann Evans *Worship* Juli Beth Hinds

Campus Care, Connections

Maria Piña Hospitality, Pastoral Care

> Joseph Rios Communications

Phil Simon
Finance
(Fr Douglas is the interim chair of Properties)

NEXT WEEK

First Sunday Fellowship Returns

The first Sunday of every month, we have a wonderful inter-generational gathering for supper, fellowship, discussion and fun. Our next event will be *next Sunday*, 04 February: supper at 5:00 ... a discussion of homelessness for the adults, led by Canon Jason Evans from EDSD (and activities for the kids) ... and finishing up with Compline by 7:00. It's a beautiful way to end a Sunday and take a breath before the new week begins. Please plan to join us!

Volunteers needed for Shelter Rotation Feb 17 - Feb 24

For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me. Matthew 25:35

Dinner hosts and overnight hosts for All Souls' shelter offering that will *once again* operate out of St Peter's Lutheran Church, Ocean Beach. We will be serving up to 12 homeless men, women and children in this case-managed shelter. The goal of this shelter program is to help people towards permanent housing. Please sign up on the clip board in the Narthex with your availability for providing a meal or overnight hosting. We need **YOUR** help to make this ministry successful. For further information, contact Maria Piña, Vestry member.

NEW MEMBERS Interested in Learning More About All Souls'?

No matter how long you've been attending All Souls', if you *feel* like you're new here, we cordially invite you to attend our next new member series. We'll gather *today* for an informal discussion following the 10:15 Eucharist, to learn more about All Souls' ... the Episcopal Church ... God ... and whatever else may be on their minds. And finally, on *Sunday*, *February 10*, at both Eucharists, we'll formally welcome anyone who wishes to be included as a new member of All Souls'. One of the most joyful things any parish can do is welcome newcomers and connect them with the life of the church, in Christ. If you're at all interested in any of these events, please plan to join us!

New Gospel of Mark Bible Study

Have you ever wanted to know how it all began—the Good News of the gospels, that is? Well, every Tuesday, join Fr Douglas in the Sherman Room or via Zoom for a weekly one-hour walk through the Gospel according to Mark—the earliest of the four gospels to be written and quite different from those that followed.