

ALL SOULS'

— EPISCOPAL CHURCH —

Welcome Home. Peace Awaits.



The FIRST SUNDAY *in* LENT

22 February 2026
8:00 AM

A Very Warm Welcome to You!

Thank you for spending Sunday morning with us. **WHOEVER you are and WHEREVER you may be on your journey of faith, you are welcome here.** We're blessed by your presence, and we look forward to connecting with you. **Everything you need to participate in today's liturgy is enclosed in this service booklet.**

Please join us for **coffee** and **fellowship** in the Community Building, across the plaza, or on the patio (weather permitting) after the service.

All ages are welcome; infants and children (and their accompanying noises!) enliven this service. All **children are invited to the Playground** at the front of the church.

If you are visiting, please fill out a "connect" card so we can let you know of upcoming events; prayer request cards are also available. Cards may be placed in the offering plate or given to an usher. To learn more about being a member of All Souls', please speak with **Father Douglas, our rector.**

Restrooms are located in the hallway adjacent to Catalina Boulevard; an usher can direct you to one.

Please silence your phone to maintain a worshipful environment and as a courtesy to others.

Father Douglas is happy to talk with you about joining or participating in the life of All Souls'; questions you may have or difficulties you may be experiencing; others who may need pastoral care; or anything else on your mind. You may reach him at 619-223-6394 x 12 (office), 619-335-8168 (cell) or dworthington@allsoulspointloma.org.

Worship & Devotions at All Souls'

Sunday, 8:00 AM (without music) **and 10:15 AM** (with music)

HOLY EUCHARIST

Tuesday, 9:30 AM

MORNING PRAYER (via Zoom)

Tuesday and Saturday, 4:00 PM

CENTERING PRAYER

Saturday, 5:00 PM

CELTIC HOLY EUCHARIST

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A note about our worship during Lent

The season of Lent is the Church's time of extended, steadfast preparation for the gracious works of Jesus that took place on the three Great Days (the TRIDUUM, in Latin): the intimate, abundant blessings—and the new commandment: “love one another”—of Maundy Thursday ... the agony—and all-forgiveness—of Good Friday ... and the joy—and forever-ness—of Easter. To ready ourselves not only to hear of these things, intellectually, but also to experience and reflect upon them, spiritually, we observe Lent as a time of both *repentance* and *renewal*: a conscious owning of our human sinfulness ... an intentional turning of our hearts, again, to Christ ... and a fresh committing, to delight in his will and walk in his ways (*BCP*, p 360).

To help foster our focus on repentance and renewal, during Lent we begin our Sunday worship with the **Penitential Order**: We come to God first with the confession of our sins and a prayer for mercy, rather than (as is customary) praise and a prayer for pure worship, so we may recollect our continual need for God's forgiveness, in Christ; and open our hearts to Jesus' call to follow him—to take up *our* cross—in the living of our daily lives.

To mark the more somber, reflective tone of this season, we do not adorn the Altar's beauty with **flowers**, and the liturgical color is **Lenten array**: a rough fabric, usually off-white and undyed. We refrain from saying or singing **ALLELUIA** (or its Hebrew counterpart **HALLELUJAH**), which is a word of joyful praise of God.

It is also our custom, during Lent, to pray the **Prayer of Humble Access** just before we receive the Bread and Wine. It reminds us that despite our own sinfulness (“we are not worthy”), we nevertheless, in God's mercy, continue to dwell in Christ's grace.

HOLY EUCHARIST

All stand, as they are able, at the ringing of the bell as the Procession enters

A PENITENTIAL ORDER

All remain standing

Celebrant Bless the Lord who forgives all our sins.
People *God's mercy endures forever.*

The SENTENCE of SCRIPTURE

If we say that we have no sin, we deceive ourselves, and the truth is not in us.
But if we confess our sins, God, who is faithful and just, will forgive our sins
and cleanse us from all unrighteousness. *1 John 1:8,9.*

The CONFESSION of SIN

Celebrant Let us confess our sins against God and our neighbor.

All kneel or remain standing, as they prefer and are able

A significant silence is kept, for personal confession

All God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves,
and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Celebrant alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

All stand, as they are able

The KYRIE ELEISON

Said three times

Celebrant Lord, have mercy.

People *Christ, have mercy.*

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

The COLLECT of the DAY

Celebrant The Lord be with you.

People *And also with you.*

Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

All may be seated

THE LITURGY OF THE WORD

The FIRST READING

Genesis 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die, for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food and that it was a delight to the eyes and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked, and they sewed fig leaves together and made loincloths for themselves.

Lector The Word of the Lord.

People *Thanks be to God.*

The PSALTER

Psalm 32

Said by all, responsively by half-verse

- ¹ Happy are they whose transgressions are forgiven, *
 and whose sin is put away!
- ² Happy are they to whom the LORD imputes no guilt, *
 and in whose spirit there is no guile!
- ³ While I held my tongue, my bones withered away, *
 because of my groaning all day long.
- ⁴ For your hand was heavy upon me day and night; *
 my moisture was dried up as in the heat of summer.

- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you
in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
- 10 "Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."
- 11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; *
shout for joy, all who are true of heart.

The SECOND READING

Romans 5:12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—for sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death reigned from Adam to Moses, even over those who did not sin in the likeness of Adam, who is a pattern of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the gift in the grace of the one man, Jesus Christ, abounded for the many. And the gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the gift following many trespasses brings justification. If, because of the one man's trespass, death reigned through that one, much more surely will those who receive the abundance of grace and the gift of righteousness reign in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as through the one man's disobedience the many were made sinners, so through the one man's obedience the many will be made righteous.

Lector The Word of the Lord.
People *Thanks be to God.*

All stand, as they are able

The HOLY GOSPEL

Matthew 4:1-11

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.
People *Glory to you, Lord Christ.*

Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

‘One does not live by bread alone,
but by every word that comes from the mouth of God.’ ”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down, for it is written,

‘He will command his angels concerning you,’
and ‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’ ”

Jesus said to him, "Again it is written, ‘Do not put the Lord your God to the test.’ ”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, “All these I will give you, if you will fall down and worship me.” Then Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God,
and serve only him.’ ”

Then the devil left him, and suddenly angels came and waited on him.

Celebrant The Gospel of the Lord.
People *Praise to you, Lord Christ.*

***The* SERMON**

The Rev Douglas Worthington, *Rector*

Following the Sermon, a brief silence is kept

All stand, as they are able

***The* NICENE CREED**

All We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

*Because the Great Litany has been prayed, the Prayers of the People are **omitted** this day*

The PRAYERS of the PEOPLE *For Lent*

Celebrant Hear us, O Lord, as we, your sinful yet faithful people, turn our hearts to you, in personal prayer.

Intercessor Merciful Christ, we pray that your Church may be both hope and healing.
Silence is kept for personal prayer

Merciful Christ, we pray that this world may embrace your love, do your justice and make your peace.
Silence is kept for personal prayer

Merciful Christ, we pray that this nation may unite in the love-of-neighbor you have taught us.
Silence is kept for personal prayer

Merciful Christ, we pray that this parish may be a beacon of Good News to all who are drawn to this place.
Silence is kept for personal prayer

Merciful Christ, visit all in need of your touch, we pray, with your care, your cure and your comfort, including *NN*; those on our parish prayer list; and those whom we name, either aloud or in the silence of our hearts.

Silence is kept for personal prayer

Merciful Christ, hold in your eternal love and joy, we pray, all who have died, including *NN*; those on our parish prayer list; and those whom we name, either aloud or in the silence of our hearts.

Silence is kept for personal prayer

Celebrant

O Christ of Cross and Christ of Glory, turn us. Turn us that we may turn our neighbors ... that they may turn their neighbors ... that they may turn peoples ... that they may turn this world: to your power, your promise and your peace. All this we pray in your gracious Name, together with the Father and the Holy Spirit, One God, now and for ever. *Amen.*

The PEACE

Celebrant

The peace of the Lord be always with you.

People

And also with you.

The Ministers and the People may greet one another in the name of the Lord

WELCOME *and* ANNOUNCEMENTS *of the* PARISH

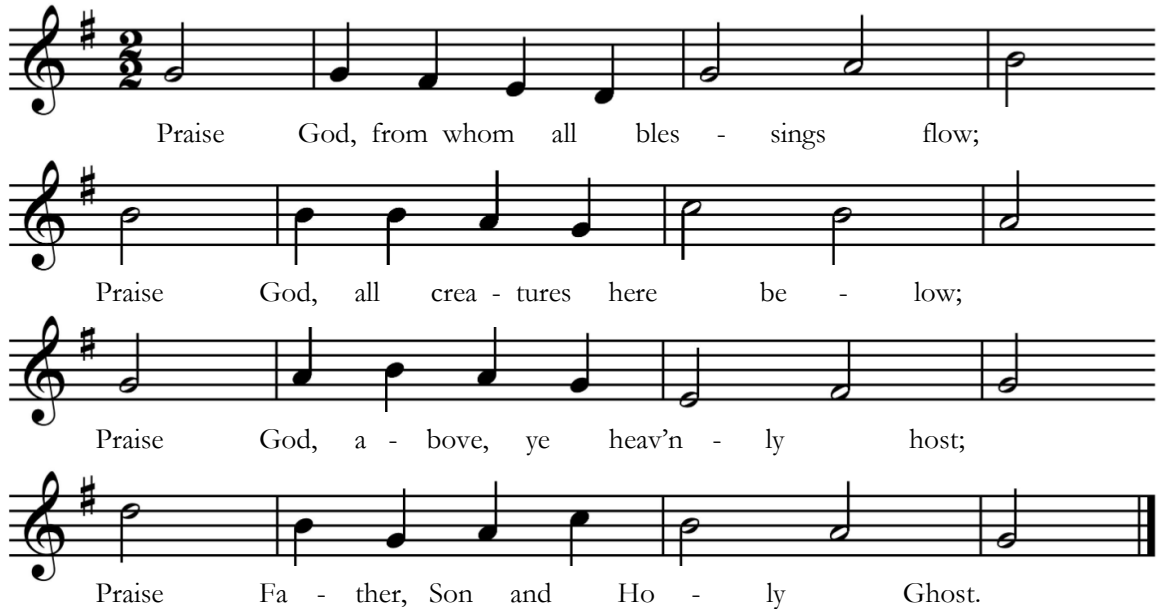
THE HOLY COMMUNION

The OFFERTORY

If you wish to make an online donation to All Souls', you may use this code



When the alms of the People are brought forward to the Altar, all stand, as they are able, and sing



Praise God, from whom all bles - sings flow;

Praise God, all crea - tures here be - low;

Praise God, a - bove, ye heav'n - ly host;

Praise Fa - ther, Son and Ho - ly Ghost.

All stand, as they are able, when the alms of the People are brought forward to the Altar, at which the following blessing is said

Celebrant All things come of thee, O Lord.
People *And of thine own have we given thee.* 1 Chronicles 29:14

The GREAT THANKSGIVING *Eucharistic Prayer A*

All remain standing

Celebrant The Lord be with you.
People *And also with you.*
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth,

The Celebrant says a proper preface and then says

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*All Holy, Holy, Holy Lord, God of power and might,
 heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is the One who comes in the name of the Lord.
 Hosanna in the highest.*

All may stand or kneel, as they prefer and are able

Celebrant Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature; to live and die as one of us; to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All *Christ has died.*
 Christ is risen.
 Christ will come again.

Celebrant We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory are yours, Almighty God, now and for ever. *AMEN.*

The LORD'S PRAYER

Celebrant And now, as our Savior Christ has taught us, we are bold to say

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The FRACTION

A period of silence is kept; the customary ALLELUIA is omitted during Lent

Celebrant Christ our Passover is sacrificed for us.
People *Therefore, let us keep the feast.*

The PRAYER of HUMBLE ACCESS

All We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son, Jesus Christ, and to drink his blood that we may evermore dwell in him, and he in us. Amen.

The MINISTRATION of COMMUNION

Celebrant The Gifts of God for the People of God.

All baptized Christians are welcome to receive the blessed Bread and Wine of Holy Communion at the Lord's Table. Hold out your hands for the Bread. Gluten-free Bread is available; simply inform the priest you desire it. If you wish to drink the Wine, consume the Bread when you receive it and drink from the chalice when it is presented to you. If you wish to have Bread dipped in the Wine, let the Bread remain in your hands; the chalice bearer will intinct it for you. If you wish to come forward to receive a blessing rather than the Bread and Wine, indicate that desire by crossing your arms over your chest. If it is difficult for you to come forward, inform an usher, and the Bread and Wine will be brought to you.

A Prayer Before Communion

The Book of Common Prayer

All are invited to pray this, silently, as they prepare to receive the Sacrament

Be present, be present, O Jesus, our great High Priest, as you were present with your disciples, and be known to us in the breaking of bread; who live and reign with the Father and the Holy Spirit, now and for ever. Amen.

***The* POST-COMMUNION PRAYER**

Celebrant Let us pray.

All stand, as they are able

All Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

THE SENDING FORTH

All kneel or stand, as they are able and prefer

***The* PRAYER ATTRIBUTED to ST FRANCIS of ASSISI**

All Lord, make us instruments of your peace.
Where there is hatred, let us sow love;
where there is injury, pardon;
where there is discord, union;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
Grant that we may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;

it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life. Amen.

***The* SOLEMN PRAYER OVER *the* PEOPLE**

During Lent, this prayer replaces the traditional Blessing

Celebrant Bow down before the Lord.

The People kneel, as they are able

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

***The* DISMISSAL**

Celebrant Let us bless the Lord.

People *Thanks be to God.*

Today, in our Diocese's cycle of prayer, we pray for
the clergy and people of Sts Peter and Paul, El Centro;
and in our military cycle of prayer, we pray for
Marine Wing Support Squadron 373, MCAS Miramar.
In the Anglican Communion cycle of prayer, we pray for
The Church of Ireland.

CELEBRANT

The Rev Douglas Worthington

CHALICIST

XXX

LECTORS

XXX and XXX

INTERCESSOR

XXX

ALTAR GUILD AND FLOWER GUILD

XXX and XXX

WEEKLY ATTENDANCE: Four services. In-person attendance: XXX people.
Online participation: 51 views.





Welcome Home. Peace Awaits.

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