



# ALL SOULS'

— EPISCOPAL CHURCH —

March  
07 & 08, 2026

Welcome Home. Peace Awaits.

## This Week's Calendar

Mar 08 - 15

<b>Sun</b>	6:30 PM	AA (Sherman Room)
<b>Mon</b>	10:30 AM	Weekly Staff Meeting
	6:45 PM	Al-Anon (Sherman Room)
<b>Tue</b>	9:30 AM	Morning Prayer (via Zoom ~ <i>Zoom link on our website, under "Tuesday"</i> )
	12:00 NOON	Bible Study (Admin Bld'g & Zoom ~ <i>Zoom link on our website, under "Tuesday"</i> )
	4:00 PM	Centering Prayer (Chapel)
	7:00 PM	Outreach Commission (Zoom)
<b>Wed</b>	3:00 PM	Villa Musica Music Lessons (Admin Bld'g & Gooden Hall)
	4:00 PM	Chorister Rehearsal (Nave)
	6:00 PM	<b>Lenten Soup-Supper &amp; Fellowship: <i>Embracing Prayer</i></b> (Admin Bld'g)
	6:30 PM	Scout Troop 555 (Girls 11-17) (Gooden Hall)
	6:45 PM	Al-Anon (Sherman Room)
<b>Thu</b>	10:00 AM	Christmas Crafts Guild (Admin Bld'g)
	7:00 PM	Choir Rehearsal (Nave)
<b>Sat</b>	8:00 AM	Showers of Blessings (Ocean Beach)
	10:00 AM	Villa Musica Music Lessons (Admin Bld'g & Gooden Hall)
	4:00 PM	Centering Prayer (Chapel)
	5:00 PM	Celtic Eucharist (Nave)
<b>Sun</b>	8:00 AM	Holy Eucharist (said): <i>The Fourth Sunday in Lent</i> (Nave) <i>Coffee hour follows</i>
	10:15 AM	Holy Eucharist (sung): <i>The Fourth Sunday in Lent</i> (Nave) <i>Coffee hour follows</i>
	11:45 AM	Youth Group (Youth Room)

Thank you, Susan McColl, for the 8:00 coffee hour; and Ronda Muir, for the 10:15 coffee hour!  
To help with coffee hour at either service, please sign up on the bulletin board during Coffee Hour  
or email [office@allsoulspointloma.org](mailto:office@allsoulspointloma.org).

## **Our Parish Prayer List**

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### **FOR HEALING AND WELLNESS**

Denine † Gertrud Mueller Nelson † Liz and her unborn baby † The Rev Ken Simon † Mark Simon † Mike Thompson † Sadie Cawley † Baby Braxton † Jamie Pronovost † Robin Padden † Bruce Guenin † Charles Lewis † Bishop Susan † Michele Casillas † Susan Northam † Marie W † The Rev Megan Cochran † Mary Phillips † Carmencita Ortega † Judy Thompson † Rachel Villalobos † Rosie Barnes † Waiva Parker † Steve Conner † Mary Ann Lund † Donald Tecca † Janet Sanford † Paul Carroll † Jennifer Stephens † Joan Barnett † Lynn Young † Craig Tyndall † Drusilla Grubb † Nicole and her Family † Lindsey Dorkin † Richard Sooy † Baby Kensley † Lyle Roy † Nick Hinds † Phyllis Meredith † Shelley Yerkes † Susan DeCesari † Gary Lewis † Zak Hugo † Cosimo Sorbara † Myrtle Livingstone † Chuck Mertens † Lucas Brown † John Forcade † Sarah Callahan † Kippy Sands † Tracy Woodside † Claire Lynch † Tim Lyons † Gaye Williams † Jim Sanford † Donna Hamm † Lynn Faria † Patches † Lora Thompson † Michelle Salas † Kevin G † Bob Sciaqua † Rex Westergard † David Brown † JoJo † Tom † Heather Hernandez † Charlene Surber † Rick Wis † Tracy Rodriguez † Andrea † Rosemary Benoit † J J Northam † James Trepasso † Kathy M † Alex M † Marian Rogers † Leigh Hartmen † Aiden Barille † Gary Axford † Julie Michael † Pamela Burt † Scott Barnes † Kathy Boykin † Cheryl Conner † Demi Grubb † Alan Leff † Wayne Watson † Ian Young

### **FOR SUPPORT, COMFORT AND SAFETY**

Reece † Shor † The Kew Family † Jonathan Hughes and Allison Lipton † Charles Sands and the Sands Family † Leah Cawley and the Cawley Family † The Musselman Family † Joan Hjortzberg † Barbara & Vic Brochard and the Brochard and Carta Families † Scott Crispell & Neil Malmquist † The Baucher Family † Neil Malmquist, Linda Malmquist and the Malmquist Family † For the friend of Pauline † The Glenn Family † The Neilsen Family † Lorelei Mehaffey † Geoff, Jackson and Ross Wade † Kevin Page and the Page Family † Lynne Ortega and the Ortega Family † Larry Felkenhauer † The Callard Family † Jack Duesterdick and Meg Golinski † Corey Hable and the Hable Family † The Villalobos Family † Bill Strand † Maria Romero † Nan Hardison † Erin Sacco Pineda and her Family † Mark Parker & his family † The Most Rev Sarah Mullally, CVI Archbishop of Canterbury † Joseph Porter and his family † Hanae Hara † John and Mike W † Roger & Cliff † Randy Lowenstein † Holly Rios, Andy Ferguson and the Ferguson Family † Alan & Michelle Leff and the Leff Family † Jim Mathes and the Mathes Family † Mary Brown † Bill Hardin and the Hardin Family † Rosie Barnes and the Barnes Family † Hannha & Anesu † Those with visa interviews pending † The Hare Family † Kayla and Nathan † For understanding and love toward those who hold differing political opinions † Pope Leo XIV † Heather McGregor and the McGregor Family † Mary Brown and her Family † The Hartsook Family † Susan Straub and her Family † Mark Mann and his Family † The Silva-Flores Family † Tom Sparrow † Terri Prevost † The Turfler Family † The Sanford Family † All federal workers and grantees † Ruben & Molly † Bob DeCesari † Ingrid de Llamas † Tammy Learned † The McAdams Family † The Boeve Family † Gracie † Brooke † Dana Hoefler † Donna Haskins † Diana Woodside † Marianne Barnes † Sue Ogle † The Society of St Margaret in Haiti † The Wear Family † The Stein Family † Arden and Aspen Carlsteen † Rosa Sorbara & Brad Redmon and Valentino † Diane Sooy † Alina † Gordon Steele † The Steele Family † The Goddard Family † The Marsh Family † Connie Simon † Sarah Leon † The Leon Family † Dave Brown † Gloria Marie Amalfitano † Larry Stralow † Healthcare Workers † EMS workers † All suffering from acedia and grief † Refugees and hostages throughout the world † Our brothers and sisters living on the street † Victims of criminal acts and their families † All accused or incarcerated and their families † Victims of natural and manmade disasters † Dreamers † Victims of war

### **FOR THOSE IN UNIFORMED SERVICE**

Marine Medium Tiltrotor Squadron 163, MCAS Miramar † The officers and crews of USS *McC Campbell*, USS *Momsen* and USS *Makin Island*, respectively † LT Hailie Burton † EO1 Jesse Meyer † ENS Brendan Cantwell † SSGT Paul Mannes † PFC Paul Simon † PFC Dylan Kilpatrick † LT Carlie Spore † MAJ Tim Berger † SGT Anthony Oakley † ET2 Kenneth Smith † Personnel and recruits at MCRD † All members of our uniformed civilian and military services

### **IN THE DIOCESAN CYCLE OF PRAYER**

For the clergy and people of St Hugh's, Idyllwild; and for Camp Stevens

### **IN THE ANGLICAN COMMUNION CYCLE OF PRAYER**

The Episcopal Church in Jerusalem and the Middle East

### **FOR THE REPOSE OF THE SOUL**

Michael Kew † Donna Lowenstein † Rob Kennedy † Jennifer Sands † Amber Garcia † Wes Malmquist † Jim Baucher † Margo Bullock Wade † Jean Page † Chris Ream † Alonzo Lynch † Phyllis Borchardt † The Rev Tom Callard † Ginny Anderson † Steve Hable † Ryan So † Maria Romero † John Nickel † James Nickel † Colin Nickel

## Weekly Announcements

Complete details about happenings at All Souls' appear in our weekly eNews, published on Wednesdays. To sign up to receive this, please contact the Parish Office.

### Lenten Midweek Fellowship Soup Supper Series: *Embracing Prayer*

Join us Wednesdays at 6 pm for a potluck soup supper to explore Christian prayer traditions. Sign up using the link in the weekly eBlast or on the sign-up sheets at Coffee Hour. 3/11: Praying with Scripture; 3/18: Praying with Prayer Beads; 3/25: Praying with Stillness.

### We're Back in the Pink: LÆTARE Sunday, March 15

It seems like we just wore our pink for the 'joyful' Sunday of Advent ... but we get to do it again on Sunday, March 15, the 'joyful' Sunday of Lent. Known as LÆTARE Sunday ("Be glad Sunday"), from the first word (in Latin) of the traditional mass, the fourth Sunday in Lent is a day to back away, a little, from more repentant side of Lent and dwell in the ever-love and sure-salvation of Christ.

### Celebrating Canon Gwynn Lynch's Retirement: March 26

As you may have heard when she was with us a few weeks ago, the Rev Canon Gwynn (Freund) Lynch, Canon to the Ordinary of the diocese, will be retiring on March 31. Bishop Susan has very kindly extended the members of All Souls' an invitation to Canon Gwynn's retirement celebration on *Thursday, March 26, from 5:00 – 8:00 pm*, at the Episcopal Church Center in Ocean Beach (2083 Sunset Cliffs Blvd). It will be a time to give thanks for Gwynn's ministry—including her time with us as our Associate Rector! If you're able, we'd love to welcome you as we mark this special transition together.

### Feast Day Fellowship, March 23, 6 pm

A group of us is starting to come together to celebrate the Church's non-Sunday feast days. We have a quiet, spoken Eucharist in the Chapel and then gather around a festive, candle-lit table—also in the Chapel—to feast both on food and in fellowship. It is a warm, lovely, friendly way to spend an evening with All Souls' folks. Our next feast will be The Annunciation ... the Angel Gabriel's message to the Virgin Mary ... on *Monday, March 23, at 6:00 pm*. Please join us!!

### Holy Week and Easter at All Souls'

We will gather, as usual, to commemorate and celebrate *both* the most solemn *and* the most joyous week of the Christian year. Please plan to join us ... and consider asking a friend or family member to join *you*.

Sun, Mar 29	8:00 AM	<b>Palm ~ Passion Sunday Eucharist</b> (spoken)
	10:15 AM	<b>Palm ~ Passion Sunday Eucharist</b> (with music)
Mon, Mar 30	7:00 PM	<b>Holy Monday Eucharist</b> (spoken) (Chapel)
Tue, Mar 31	7:00 pm	<b>Holy Tuesday Eucharist</b> (spoken) (Chapel)
Wed, Apr 01	7:00 PM	<b>Holy Wednesday :: Service of <i>Tenebrae</i></b> (lessons and psalms)
Thu, Apr 02	6:00 PM	<b>Annual Agapé Supper</b> (Gooden Hall)
	7:00 PM	<b>Maundy Thursday Liturgy</b> , with foot washing and stripping of Altar
Fri, Apr 03	11:00 AM	<b>PFL Annual Community Pilgrimage</b> (Ocean Beach)
	12:00 NOON	<b>Good Friday Liturgy</b> (spoken)
	7:00 PM	<b>Good Friday Liturgy</b> (with music)
Sat, Apr 04	9:45 AM	<b>Holy Saturday Day</b> (spoken) (Chapel)
	7:00 PM	<b>The Great Vigil of Easter</b> (Nave) <i>With annual Alleluia! Potluck Supper to follow</i>
Sun, Apr 05	7:45 AM	<b>Easter Day Holy Eucharist</b> (spoken)
	9:00 AM	<b>Easter Day Holy Eucharist</b> (with Choristers and hymns) <i>With Egg Hunt, Flowering of the Cross and Festive Coffee Hour to follow</i>
	11:15 AM	<b>Easter Day Holy Eucharist</b> (with Parish Choir and hymns; incense will be used) <i>With Festive Coffee Hour to follow</i>

## All Souls' Youth Group and Easter Egg Stuffing

The next All Souls' Youth Group meeting is Sunday, March 15, at 11:45 am. And join our youth on Saturday, March 21 at noon to stuff Easter eggs! Contact Karissa at [ksousa@allsoulspointloma.org](mailto:ksousa@allsoulspointloma.org) for more information.

## Gifts of Flowers this Easter

Would you like to donate flowers this Easter? Flowers may be given in honor of or in memory of friends, family, and loved ones. Please use the form in the weekly eBlast or contact the church office for more information.

## Upcoming Opportunities for Baptism and Confirmation

Perhaps you're at the point in your Christian journey when you want to accept the Good News of Jesus Christ by getting baptized? Or maybe you have a child or grandchild who's ready for baptism? Perhaps you were baptized as a child and would now like to make an 'adult' confirmation of your baptism? Or maybe you were baptized in another tradition and would like to be formally received into the Episcopal Church?

Well, if so, this is the season! The Great Vigil of Easter (Sat, Apr 04, 7:00 pm) and the Feast of Pentecost (Sun, May 24, 9:00 am) are two days of the church year that are 'custom made' for baptism. And on Sunday, May 31, Bishop Susan will be visiting us, and she can both confirm and receive members then. Please speak with Fr Douglas if you'd like to learn more about any of these very special opportunities.

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### Bishop

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**The Rt Rev Dr Susan Brown Snook**  
The Episcopal Diocese of San Diego  
[www.edsd.org](http://www.edsd.org)

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### Our Staff

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**The Rev Douglas Worthington** *Rector*  
[dworthington@allsoulspointloma.org](mailto:dworthington@allsoulspointloma.org)  
619-335-8168 (mobile)

**Karissa Sousa**  
*Children, Youth & Family Minister*  
[ksousa@allsoulspointloma.org](mailto:ksousa@allsoulspointloma.org)

**Laura Mitchell, PhD**  
*Parish Operations Director*  
[lmitchell@allsoulspointloma.org](mailto:lmitchell@allsoulspointloma.org)

**The Rev Paul Carmona** (Organ)  
**Stephen Salts** (Parish Choir)  
**Anne Whattoff** (Choristers)  
*Interim Musicians*

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### Officers

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**Diane Holnback-Sooy**  
*Senior Warden*

**Eric Spore**  
*Junior Warden*

**Lisa Nokes**  
*Interim Treasurer*

**Krista Spore**  
*Clerk of Vestry*

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### Vestry Members

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**Class of 2027**  
Rhonda Muir  
David Ostrander  
Kevin Page  
Hannah Roberts

**Class of 2028**  
Hilliard Harper  
Diane Holnback-Sooy  
Kevin Leichner  
Eric Spore

**Class of 2029**  
Rosie Barnes  
Jeff Lee  
Lisa Striebing  
Wendy van Diver

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Leslie Klein, *Finance Chair*   Eric Spore, *Properties Chair*